



TRE Provider Training Program 2023-2024

PHASE 1

Module 1 - "Personal Tremoring Journey"

October 14-15th, 3 pm to 9 pm - Online via Zoom

The local time for the program is GMT 7+ Asia Bangkok Time

Group Session - PTS 1 - (Personal Tremoring Session)

November 4th, 4 pm to 6 pm - Online via Zoom

Private Session - PTS 2 - (Personal Tremoring Session)

2023 November 20-24th - Online via Zoom

Group Session - PTS 3 - (Personal Tremoring Session)

2023 December 9th, 4 pm to 6 pm - Online via Zoom Private

Private Session - PTS 4 - (Personal Tremoring Session)

2023 December 18-22th - Online via Zoom

Assignments for Stage 1:

15 Personal Tremoring Journal Entries

2 Book Reflections á 2 pages each

PHASE 2

Module 2 (Part 1) - "Following the Organism"

2024 January 13 -14 th - 3 PM Am to 9.00 Pm - Online via Zoom

The local time for the program is GMT 7+ Asia Bangkok Time

Group ILS 1 - (Individual Leading Session)

2024 February 3rd, 4 PM to 6.30 Pm - Online via Zoom

Private ILS 2 - (Individual Leading Session)

2024 February 26 February - 1st of March - Online via Zoom

Module 2 (Part 2) - "Teaching Individual TRE Sessions"

2024 March 23-24th, 3 PM Am to 9.00 Pm - Online via Zoom

Group Session ILS 3 - (Individual Leading Session)

2024 April 13th, 4 PM to 6.30 Pm - Online via Zoom

Private ILS 4 - (Individual Leading Session)

2024 April 29-30 / May 1-3 - Online via Zoom

Assignments for Stage 2:

15 Personal Tremoring Journal Entries

2 Book Reflections á 2 pages each

3 Case study teaching TRE reflections



PHASE 3

Module 3 - "Leading Group TRE Sessions"

2024 May 25th, 3 PM Am to 9 Pm - Online via Zoom

The local time for the program is GMT 7+ Asia Bangkok Time

Group GLS 1 - (Group Leading Session)

2024 June 15th, 4 PM to 6.30 Pm - Online via Zoom

Private GLS 2 - (Group Leading Session)

2024 July 8-12 th - Online via Zoom

Group GLS 3 - (Group Leading Session)

2024 August 3rd, 4 PM to 6.30 Pm - Online via Zoom

Private GLS 4 - (Group Leading Session)

2024 August 19-23 th - Online via Zoom

Assignments for Stage 3:

10 Personal Tremoring Journal Entries

2 Book Reflections á 2 pages each

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These dates are preliminary, and some can be subject to change.